

C. RONALD STEPHEN, M.D. ANESTHESIA HISTORY ESSAY CONTEST SUBMISSION INSTRUCTIONS

1. Title Page

On the first page, please include the following:

- **Essay Title**
- **Author(s)** – name, title, email address, academic institution
- **AI Disclosure:** please disclose **if and how** you used generative AI

2. Essay Body

- 2500-word maximum
- Include citations/references in AMA style
- Please email submissions as a **Word document** (not PDF) attachment to anesthesiology@ou.edu

Additional Information:

- **Topic:** related to the history of anesthesia and can include relevant subspecialties such as (but not limited to) pain medicine and critical care medicine.
- **Length:** Fewer than 2500 words, excluding bibliography, abstract, title, author names and contact information.
- **Formatting:** Manuscripts should be saved as a *Microsoft Word* file (ie .docx) with one-inch margins, standard 12-point font, double spaced (please, no PDFs)
- **References** should be in AMA format (<http://www.amamanualofstyle.com>)
- **Illustrations, Figures, Tables**, etc. are allowed; include relevant captions and citations. If images are not original, permission from the owner of the illustration for publication by the essay author needs to be included.
- NOTE: Author information must be placed so that it can be completely redacted for purposes of “blinded” judging (hence the purpose of a title page)
- **Please include an AI disclosure statement.** For example: “ChatGPT 4.0 was used to improve the readability of this text.”

Submissions should be emailed by 11:59 PM CST November 30th, 2026, to anesthesiology@ou.edu