C. RONALD STEPHEN, M.D. ANESTHESIA HISTORY ESSAY CONTEST SUBMISSION INSTRUCTIONS

1. **Title Page**

On the first page, please include the following:

- **Essay Title**
- **Author(s)** – name, title, email address, academic institution
- **AI Disclosure:** please disclose **if and how** you used generative AI

2. **Essay Body**
   - 2500-word maximum
   - Include citations/references in AMA style
   - Please email submissions as a **Word document** (not PDF) attachment to anesthesiology@ouhsc.edu

Additional Information:

- Topic: related to the history of anesthesia and can include relevant subspecialties such as (but not limited to) pain medicine and critical care medicine.
- Length: Fewer than 2500 words, excluding bibliography, abstract, title, author names and contact information.
- Formatting: Manuscripts should be saved as a *Microsoft Word* file (ie .docx) with one-inch margins, standard 12-point font, double spaced (please, no PDFs)
- References should be in AMA format (http://www.amamanualofstyle.com)
- Illustrations, Figures, Tables, etc. are allowed; include relevant captions and citations. If images are not original, permission from the owner of the illustration for publication by the essay author needs to be included.
- NOTE: Author information must be placed so that it can be completely redacted for purposes of "blinded" judging (hence the purpose of a title page)
- **Please include an AI disclosure statement.** For example: "ChatGPT 4.0 was used to improve the readability of this text."

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